



Cambridgeshire Beauty Academy

Foot Reflexology Course

Course duration: 2 days Intensive Practical Training + online theory modules (approx. 23 hours) + 40 hours case study practical work (this is to be carried out at home)

Course price: £340 inc VAT. This course fee includes a Reflexology Text book and training DVD

Please Note;

You will be required to pay £25 Guild Registration Fee, if you are not currently a Guild Member, when you enrol online. This will give you 3 months membership with The Beauty Guild and the opportunity to extend your membership and gain public liability insurance at a reduced rate.

Entry requirement: None

Qualification: Guild Accredited

Have you ever considered becoming a Reflexology practitioner? Then now is the time to enrol onto our course at Cambridgeshire Beauty Academy and learn how to use Reflexology to help friends and family with specific ailments and disorders of the body, or to start up your own business as a Reflexologist.

Experienced beauty therapists can also benefit by expanding their skills and offering Reflexology to clients as a treatment.

Reflexology is a powerful and effective non-intrusive therapy which offers many health benefits. It can reduce stress and tension, improve circulation, and help to cleanse the body of impurities, balancing the whole system.

Our tutor is a fully qualified Reflexologist who has been practicing for nearly 20 years. She is also a Reiki Master Teacher.

Under her guidance you will learn the massage techniques used on the feet and how different areas of the feet correspond to organs and areas within the body.

There are no pre-requirements before enrolling onto the Reflexology Course, and all our courses are accredited by the Guild of Professional Beauty Therapists, one of the most highly regarded awarding bodies in the beauty industry.

The practical training is carried out in our fully equipped training Centre in Ellington. Theory work is completed online at your own pace to accommodate everyone's lifestyle.

The Reflexology Course is taught in classes of two to ensure that each student receives the individual support they require.

You will be provided with excellent aftercare support following the training course.

Foot Reflexology Training Course Covers:

- Introduction
- Reception & Consultation
- The History of Reflexology
- Anatomy & Physiology
- Theories of Reflexology
- Stress & the Effects of Reflexology
- Contra-indications & Contra-actions
- Preparation Reading & Interpreting the Feet
- Reflexology Techniques & Pressure Techniques

What qualification will I receive?

When you have successfully completed your Foot Reflexology Course you will receive an accredited diploma. All, our courses are accredited by The Beauty Guild of beauty therapists. This is highly recognised in the beauty industry. This qualification not only demonstrates your commitment to the training, but also allows you to obtain Public Liability insurance so you can start offering treatments to paying clients

www.cambridgeshirebeautyacademy.co.uk

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