



**Cambridgeshire
Beauty Academy**

Indian Head Massage Course

Course duration: 1 day Practical plus online theory modules

Course price: £190 This includes £25 Guild Registration along with 3 months membership with The Beauty Guild and the opportunity to extend your membership and gain public liability insurance at a reduced rate.

Entry requirement: None

Qualification: Guild Accredited Diploma

Indian Head Massage concentrates on areas most vulnerable to tension - the scalp, face, upper back, neck and shoulders.

Treatment can be carried out using dry hands, oil, floral waters or astringents depending upon the requirements of the client.

Indian head massage is excellent for many stress related problems and can be carried out over clothes if required.

During the treatment chakras or energy centres of the body are worked on restoring harmony and balance and leaving the client feeling totally relaxed and revitalized.

Online theory modules are required to be completed either before or after your practical training.

Indian Head Massage Training Course will cover:

History and benefits of Indian Head Massage

Physical effects of the treatment

Massage mediums

Massage movements

Practical tuition on performing Indian Head Massage

Massage of the upper back, shoulders, neck, upper arms, scalp and face.

#What qualification will I receive?

When you have successfully completed your Indian Head Course you will receive a diploma which is accredited by The Beauty Guild. This demonstrates your commitment to training and allows you to gain public liability insurance.