



Hot Stone Massage

Course Duration: 1 day practical training plus online theory modules

Course price: £190

Entry requirement: Body Massage Training

Qualification: Guild Accredited

Using a range of hot volcanic basalt stones, you will learn how to provide a deeply relaxing treatment which works on a mental, physical and spiritual level.

The combination of heat and deep pressure results in relief of muscular tension with minimal effort from the therapist.

We also cover how you could incorporate cold stone therapy in your treatments.

Stone Therapy Massage Course will cover:

History and benefits of hot stone massage Physical effects of the treatment

Massage mediums

Massage movements

Practical tuition on performing Stone Therapy Massage Cleansing and re-energising the stones

What qualification will I receive?

When you have successfully completed your Hot Stone Massage Course you will receive an accredited diploma. All courses are accredited by The Beauty Guild. This not only demonstrates your commitment to the training, but also allows you to obtain Public Liability insurance so you can start offering treatments to paying clients.

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