



Full Body Massage Course

Course duration: 2 days plus online theory modules

Course price: £295 This includes £25 Guild Registration along with 3 months membership with The Beauty

Guild and the opportunity to extend your membership and gain public liability insurance at a reduced rate.

Entry requirement: None **Qualification:** Guild Accredited

Using a variety of basic and advanced massage movements, you will learn how to perform a professional body massage. Acupressure points will be incorporated in the massage routine which will help with many common ailments and promote healing in the body. During a pre-treatment consultation, you will be shown how to adapt your massage to suit the needs for a range of clients. You will gain experience performing massage movements on a range of clients.

The GTI Body Massage course follows the National Occupational Standards. It also covers anatomy & physiology, contra-indications and contra-actions, skin conditions, preparing for the treatment, massage techniques and a full body massage routine. Online modules are required to be completed ideally before your practical training. You will have access on The Beauty Guild website to access all the course material you will need in order to complete these modules.

Body Massage Training Course Covers:

Massage movements and modifications
Advanced massage movements
Facial and scalp massage
Mechanical massage and use of heat
Postural faults and diagnosis
Massage mediums
Practical tuition on performing Swedish body massage
Incorporating Infra-Red Heat to your massage treatment

What qualification will I receive?

When you have successfully completed your Full Body Massage Course you will an accredited diploma. All, our courses are accredited by The Beauty Guild of beauty therapists. This is highly recognised in the beauty industry. This qualification not only demonstrates your commitment to the training, but also allows you to obtain Public Liability insurance so you can start offering treatments to paying clients.

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